



DEAD STOP FITNESS

PERSONAL TRAINING · IN PERSON & ONLINE · HEMET, CA

FOUNDING MEMBER **FIRST 10 CLIENTS ONLY**

ONLINE
\$100 /mo

HYBRID
\$200 /mo

PREMIUM
\$300 /mo

Founding rate locked 12 months · in exchange for a short testimonial + 2 referrals

MEMBERSHIPS · STANDARD RATES

ONLINE COACHING

\$150 /mo

Custom app-based program
Weekly check-in
Async messaging support
Monthly program updates

MOST POPULAR

HYBRID

\$250 /mo

Everything in Online
2 in-person sessions / mo
Hands-on coaching & form work
Best-value middle tier

PREMIUM HYBRID

\$350 /mo

Everything in Online
4 in-person sessions / mo
Weekly in-person training
Priority scheduling

PER-SESSION · IN PERSON

SINGLE
\$55

4-PACK
\$200
\$50/ea

8-PACK
\$400
\$50/ea

12-PACK
\$540
\$45/ea

Session packs expire in 2 / 4 / 6 months respectively.

PROGRAM WRITE-UP

Personalized 4-week workout plan OR meal plan · choose one · no coaching

\$30

per 4-week plan

Certified Master Trainer (ISSA / NCCPT) · Marine Corps Veteran

Training at the studio or your home within 15 mi of Hemet, CA · 24-hour cancellation policy